

# The Seven Sacraments

## The Sacraments of Christian Initiation

Baptism  
Confirmation  
Eucharist

## The Sacraments of Healing

Penance and Reconciliation  
Anointing of the Sick

## The Sacraments at the Service of Communion

Holy Orders  
Matrimony

# The Ten Commandments

1. I am the LORD your God: you shall not have strange gods before me.
2. You shall not take the name of the LORD your God in vain.
3. Remember to keep holy the LORD'S Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

# Glossary

**absolution** (page 109)

God's forgiveness of our sins by the priest in the Sacrament of Penance

**Apostles** (page 29)

the twelve men chosen by Jesus to be the leaders of his disciples

**assembly** (page 142)

the community of people who join together for the celebration of the Mass

**Baptism** (page 45)

the sacrament in which we are freed from sin and given grace

**Bible** (page 77)

the book in which God's Word is written

**bishops** (page 197)

leaders of the Church who carry on the work of the Apostles

**Blessed Sacrament** (page 165)

another name for the Eucharist

**Blessed Trinity** (page 23)

the Three Persons in One God

**called by God** (page 188)

invited by God to love and serve him

**Catholics** (page 37)

baptized members of the Church, led and guided by the pope and bishops



**Church** (page 31)

all the people who are baptized in Jesus Christ and follow his teachings

**commandments** (page 85)

God's laws

**confession** (page 109)

telling our sins to the priest in the Sacrament of Penance

**Confirmation** (page 53)

the sacrament that seals us with the Gift of the Holy Spirit and strengthens us

**conscience** (page 102)

God's gift that helps us to know right from wrong

**contrition** (page 109)  
being sorry for our sins and promising not to sin again

**diocese** (page 197)  
an area of the Church led by a bishop

**disciples** (page 29)  
those who follow Jesus

**divine** (page 23)  
a word used to describe God

**Eucharist** (page 135)  
the sacrament of the Body and Blood of Jesus Christ

**Eucharistic Prayer** (page 157)  
the most important prayer of the Mass

**faith** (page 37)  
a gift from God that helps us to trust God and believe in him

**free will** (page 93)  
God's gift to us that allows us to make choices

**Gospels** (page 79)  
four of the books in the New Testament that are about Jesus' teachings and his life on earth

**grace** (page 45)  
God's life in us

**Great Commandment** (page 85)  
Jesus' teaching to love God and others

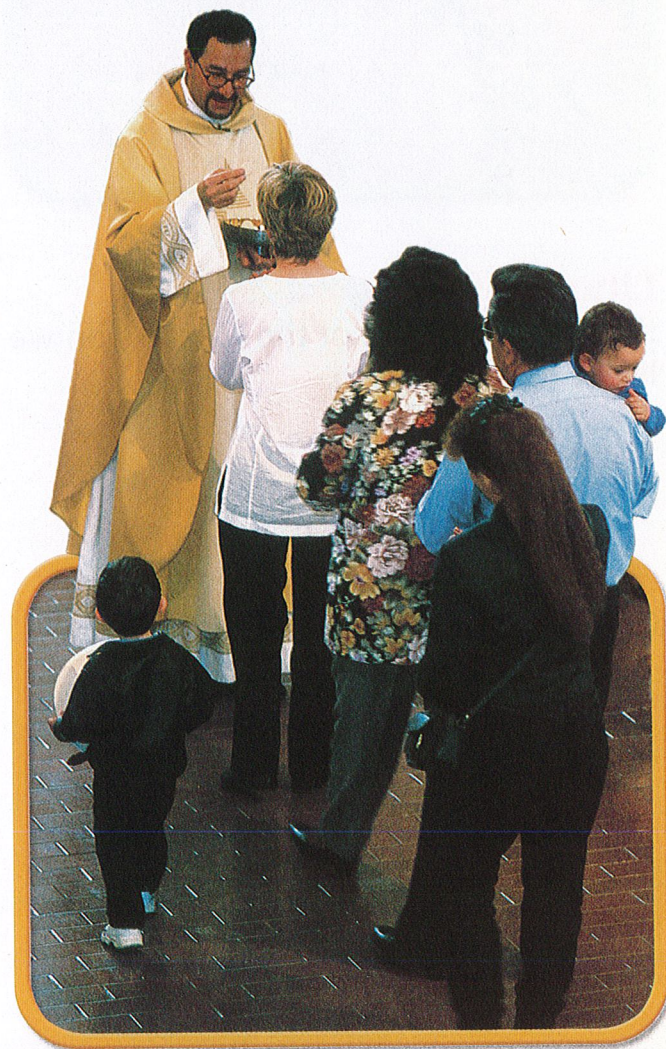
**Holy Communion** (page 135)  
receiving the Body and Blood of Christ

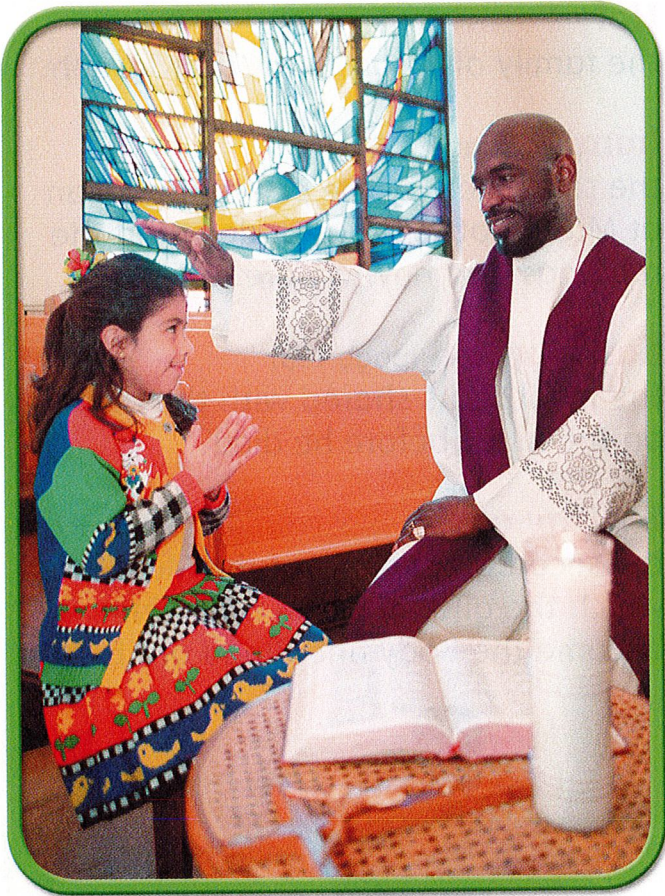
**Holy Family** (page 20)  
the family of Jesus, Mary, and Joseph

**homily** (page 150)  
the talk given by the priest or deacon at Mass that helps us understand the readings and how we are to live

**Last Supper** (page 133)  
the meal Jesus shared with the disciples on the night before he died

**Liturgy of the Eucharist** (page 157)  
the second main part of the Mass in which the gifts of bread and wine become the Body and Blood of Christ





**Liturgy of the Word** (page 149)  
the first main part of the Mass when we listen to God's Word

**Mass** (page 135)  
the celebration of the Eucharist

**mercy** (page 95)  
God's love and forgiveness

**mortal sins** (page 95)  
sins that break our friendship with God

**new commandment** (page 221)  
Jesus' commandment to love one another as he has loved us

**New Testament** (page 79)  
the second part of the Bible

**Old Testament** (page 77)  
the first part of the Bible

**Original Sin** (page 45)  
the first man and woman disobeyed God; the first sin

**parishes** (page 37)  
communities that worship and work together

**pastor** (page 197)  
the priest who leads and serves the parish

**a penance** (page 109)  
a prayer or kind act we do to make up for our sins

**Penance and Reconciliation** (page 101)  
the sacrament in which we receive and celebrate God's forgiveness of our sins

**pope** (page 199)  
the leader of the Church who continues the work of Saint Peter

**prayer** (page 205)  
talking and listening to God

**procession** (page 215)  
a prayer walk

**psalm** (page 149)  
a song of praise from the Bible

**Resurrection** (page 29)  
Jesus' rising from the dead

**sacrament** (page 39)  
a special sign given to us by Jesus

**saints** (page 212)  
all the members of the Church who have died and are happy with God forever in Heaven

**sin** (page 95)  
a thought, word, or act that we freely choose to commit even though we know that it is wrong

**tabernacle** (page 165)  
the special place in the church in which the Blessed Sacrament is kept

**Temple** (page 205)  
the holy place in Jerusalem where the Jewish People worshiped God

**Ten Commandments** (page 85)  
ten special laws God gave to his people

**venial sins** (page 95)  
sins that hurt our friendship with God

**worship** (page 37)  
to give God thanks and praise



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The following is a list of topics that appear in the pupil's text.  
**Boldface** indicates an entire chapter.

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# Catholic Identity Q&A

**I**n this section, you will find questions and answers that review the content in your *We Believe: Catholic Identity Edition* book this year. Each question in this section covers the key Catholic teachings in your book, in chapter order. Answer each question to review what you have learned—whether you use this section at home, in school, or in the parish. The answers provided will strengthen your understanding of your Catholic faith and help to reinforce your Catholic Identity.

The CCC references after each answer indicate where to find further information about that answer in the *Catechism of the Catholic Church*.

## **Q:** Why did God send his Son, Jesus?

**A:** God sent his Son, Jesus, to be with us and to share God's great love with everyone. **CCC, 457, 458**

## **Q:** What is the Blessed Trinity?

**A:** The Blessed Trinity is God the Father, God the Son, and God the Holy Spirit. The Blessed Trinity is the Three Persons in One God. **CCC, 254**

## **Q:** Who were the Apostles?

**A:** The Apostles were twelve men Jesus chose to be the leaders of his disciples. **CCC, 858**

**Q: What is Pentecost?**

**A:** Pentecost is the day the Holy Spirit came to the disciples. On Pentecost the Church began. [CCC, 767, 1076](#)

**Q: What is the Church?**

**A:** The Church is all the people who are baptized in Jesus Christ and follow his teachings. [CCC, 752, 759](#)

**Q: What is a sacrament?**

**A:** A sacrament is a special sign given to us by Jesus. [CCC, 1131](#)

**Q: What is Original Sin?**

**A:** Original Sin is the first sin which was committed when the first man and first woman disobeyed God. We are all born with Original Sin. [CCC, 404](#)

**Q: What happens in the Sacrament of Baptism?**

**A:** At Baptism God gives us new life. We are freed from Original Sin and all other sin and given grace, a share in God's life. [CCC, 1212, 1213](#)

**Q: What happens in the Sacrament of Confirmation?**

**A:** In Confirmation we are strengthened and sealed with the Gift of the Holy Spirit. [CCC, 1303](#)

**Q: What seasons make up the Church year?**

**A:** The seasons of the Church year are: Advent, Christmas, Lent, the Three Days, and Ordinary Time. [CCC, 1168, 1173](#)

**Q: What do we celebrate during Ordinary Time?**

**A:** In Ordinary Time we celebrate Jesus Christ's whole life, his Death, and his Resurrection. [CCC, 1163, 1168, 1172–1173](#)

**Q: What is the Bible?**

**A:** The Bible is the book of God's Word. It has two parts: the Old Testament and the New Testament. [CCC, 104, 120](#)

**Q: What are the Gospels?**

**A:** The Gospels are four books in the New Testament about Jesus' teachings and his life on earth. [CCC, 125](#)

**Q: What are the Ten Commandments?**

**A:** The Ten Commandments are the ten special laws God gave to his people. [CCC, 2058](#)

**Q: What is the Great Commandment?**

**A:** The Great Commandment is Jesus' teaching to love God and others. [CCC, 2055](#)

**Q: What is free will?**

**A:** Free will is God's gift to us that allows us to make choices. [CCC, 1730–1731](#)

**Q: What is sin?**

**A:** Sin is a thought, word, or act that we freely choose to commit even though we know that it is wrong. [CCC, 1850](#)

**Q: What is the difference between mortal and venial sin?**

**A:** Mortal sins are very serious and break our friendship with God. Venial sins are less serious and hurt our friendship with God. [CCC, 1855](#)

**Q: What is the Sacrament of Penance and Reconciliation?**

**A:** The Sacrament of Penance and Reconciliation is the sacrament in which we receive and celebrate God's forgiveness of our sins. [CCC, 1422, 1440](#)

**Q: What is conscience?**

**A:** Conscience is a gift from God that helps us know right from wrong. [CCC, 1776–1778](#)

**Q: What are the steps that are always part of the Sacrament of Penance and Reconciliation?**

**A:** The steps are: contrition, confession, penance, and absolution. [CCC, 1448](#)

**Q: What is Advent?**

**A:** Advent is a season of the Church year when we prepare to celebrate the coming of Jesus at Christmas. [CCC, 524](#)

**Q: What do we celebrate at Christmas?**

**A:** At Christmas we celebrate that the Son of God became man. [CCC, 1171](#)

**Q: What is the Eucharist?**

**A:** The Eucharist is the Sacrament of the Body and Blood of Christ. [CCC, 1323](#)

**Q: What is the Mass?**

**A:** The Mass is the celebration of the Eucharist. [CCC, 1382](#)

**Q: What is Holy Communion?**

**A:** Holy Communion is the Body and Blood of Christ under the appearances of bread and wine. [CCC, 1355](#)

**Q: What are the two main parts of the Mass?**

**A:** The two main parts of the Mass are the Liturgy of the Word and the Liturgy of the Eucharist. [CCC, 1346](#)

**Q: What happens during the Liturgy of the Word?**

**A:** During the Liturgy of the Word we worship God by listening to his Word, which is read from the Bible. Then together we pray the Creed and the Prayer of the Faithful. [CCC, 1346](#)

**Q: What happens during the Liturgy of the Eucharist?**

**A:** During the Liturgy of the Eucharist we bring forward the gifts of bread and wine, and pray the Eucharistic Prayer. By the power of the Holy Spirit and through the words and actions of the priest, the bread and wine become the Body and Blood of Christ, and we receive Jesus in Holy Communion. [CCC, 1346](#)

**Q: What is the Blessed Sacrament?**

**A:** The Blessed Sacrament is another name for the Eucharist. Jesus is present in the Blessed Sacrament. [CCC, 1330](#)

**Q: What is Lent?**

**A:** Lent is a season of the Church year when we prepare to celebrate the Resurrection of Jesus Christ. Lent begins on Ash Wednesday and lasts forty days. [CCC, 1438](#)

**Q: What are the Three Days?**

**A:** The Three Days is a season of the Church year which extends from Holy Thursday night to Easter Sunday night, when the Easter season begins. [CCC, 1168](#)

**Q: What is a parish?**

**A:** A parish is a local community of Catholics who worship and work together. [CCC, 2179](#)

**Q: Who are the bishops?**

**A:** Bishops are leaders of the Church who carry on the work of the Apostles. [CCC, 881, 886](#)

**Q: Who is the pope?**

**A:** The pope is the leader of the Church who continues the work of Saint Peter. [CCC, 882](#)

**Q: Who are the saints?**

**A:** The saints are the members of the Church who have died and are happy with God forever in Heaven. [CCC, 828](#)

**Q: Why does the Church honor Mary?**

**A:** The Church honors Mary because she is the Mother of God's Son, Jesus, and she is the greatest of saints. [CCC, 971](#)

**Q: What is Easter?**

**A:** Easter is a season of the Church year when we celebrate the Resurrection of Jesus Christ. [CCC, 1169](#)