

Introductory Rites

STAND

Entrance Song (Entrance Chant)

We sing to celebrate that we are gathered together with Jesus Christ and one another.

Greeting

We make the sign of the cross as the priest says:

† *In the name of the Father,
and of the Son,
and of the Holy Spirit.*

We respond: **Amen.**





The Mass

The priest welcomes everyone with these or other words:

*The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit be
with you all.*

We respond: And with your spirit.

God Forgives Us (Act of Penitence)

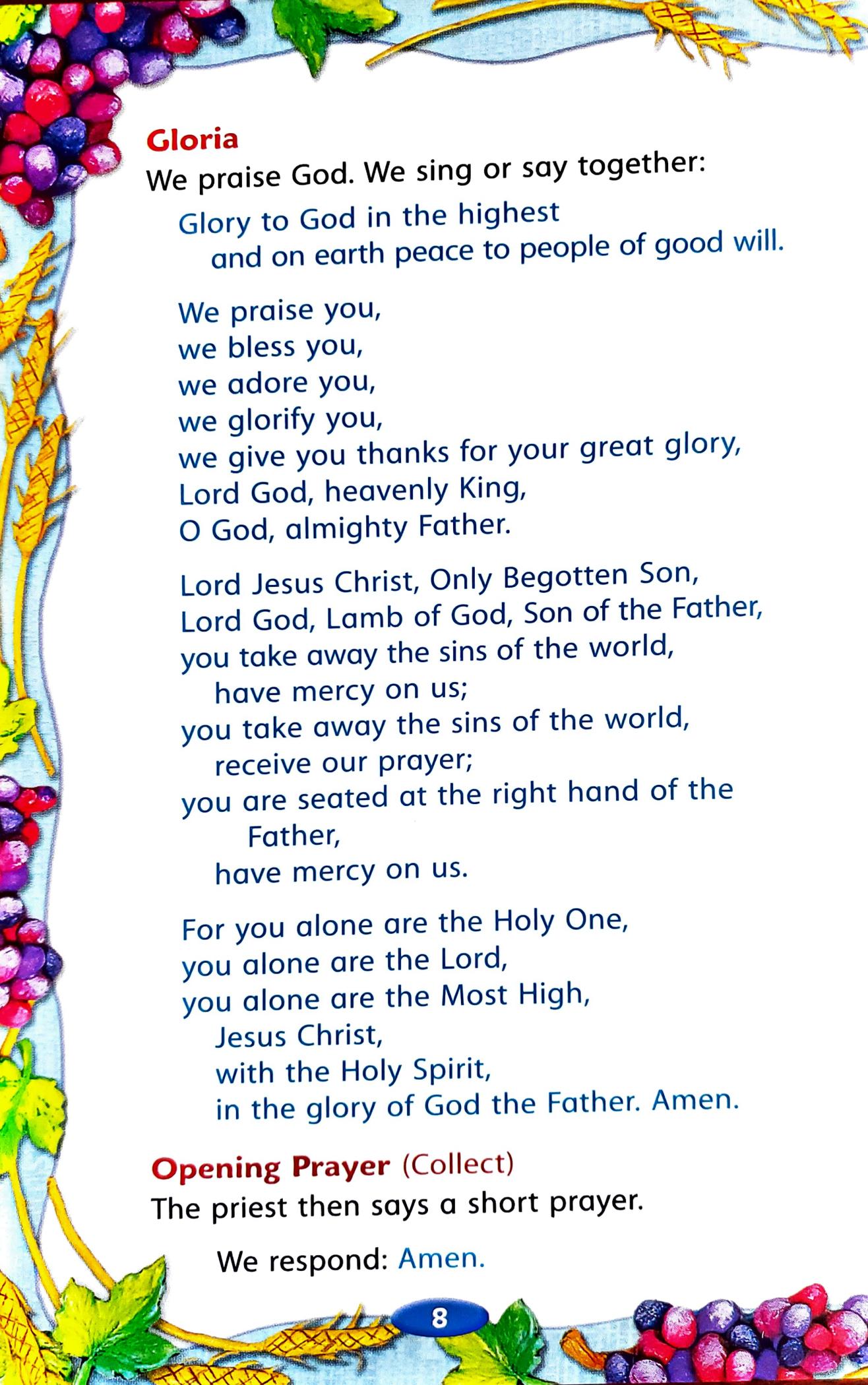
We ask God to forgive us.

Together we may pray:

I confess to almighty God,
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done
and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

We may repeat each line of the following
prayer after the priest:

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.



Gloria

We praise God. We sing or say together:

Glory to God in the highest
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

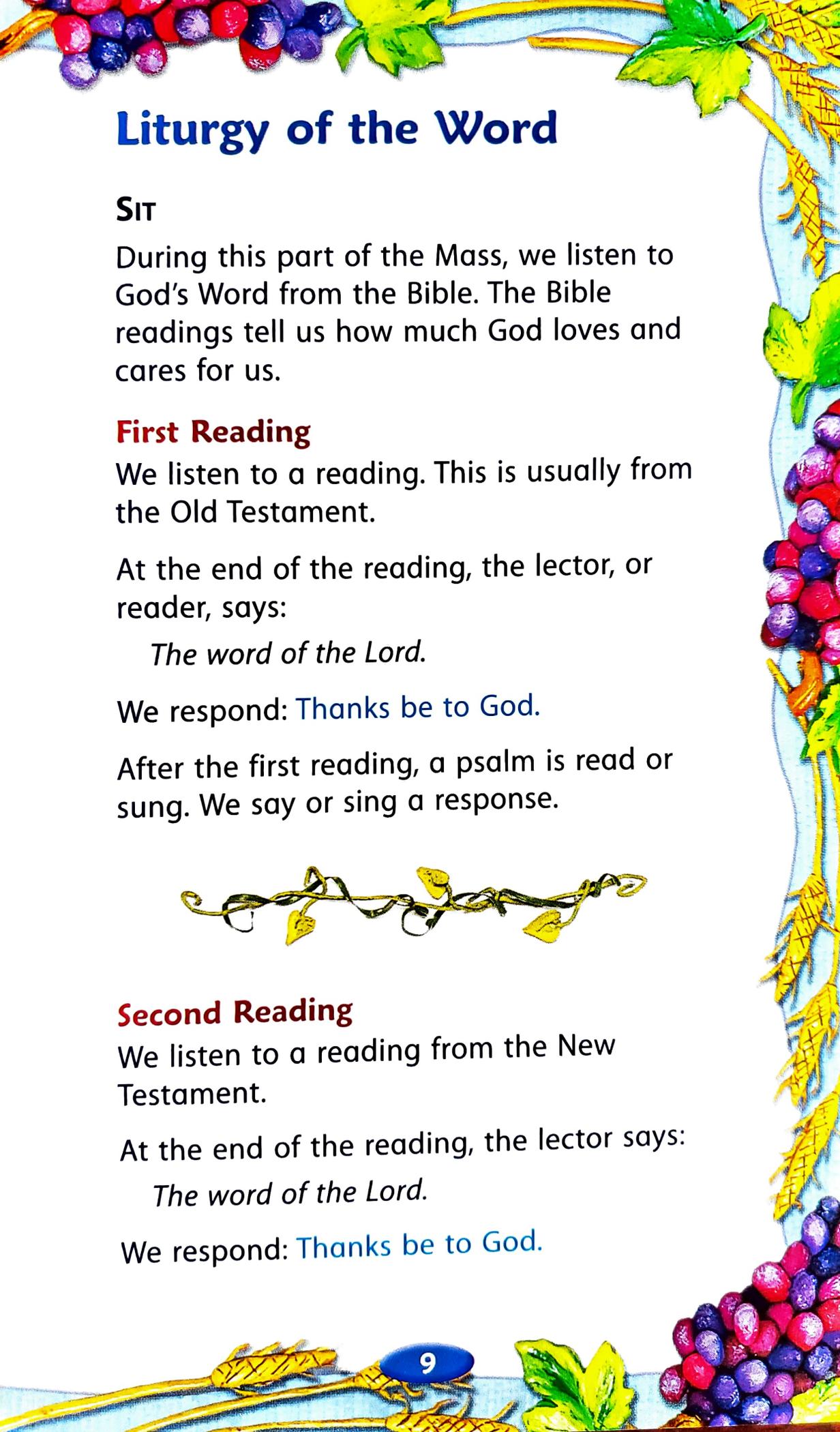
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

Opening Prayer (Collect)

The priest then says a short prayer.

We respond: **Amen.**



Liturgy of the Word

SIT

During this part of the Mass, we listen to God's Word from the Bible. The Bible readings tell us how much God loves and cares for us.

First Reading

We listen to a reading. This is usually from the Old Testament.

At the end of the reading, the lector, or reader, says:

The word of the Lord.

We respond: **Thanks be to God.**

After the first reading, a psalm is read or sung. We say or sing a response.



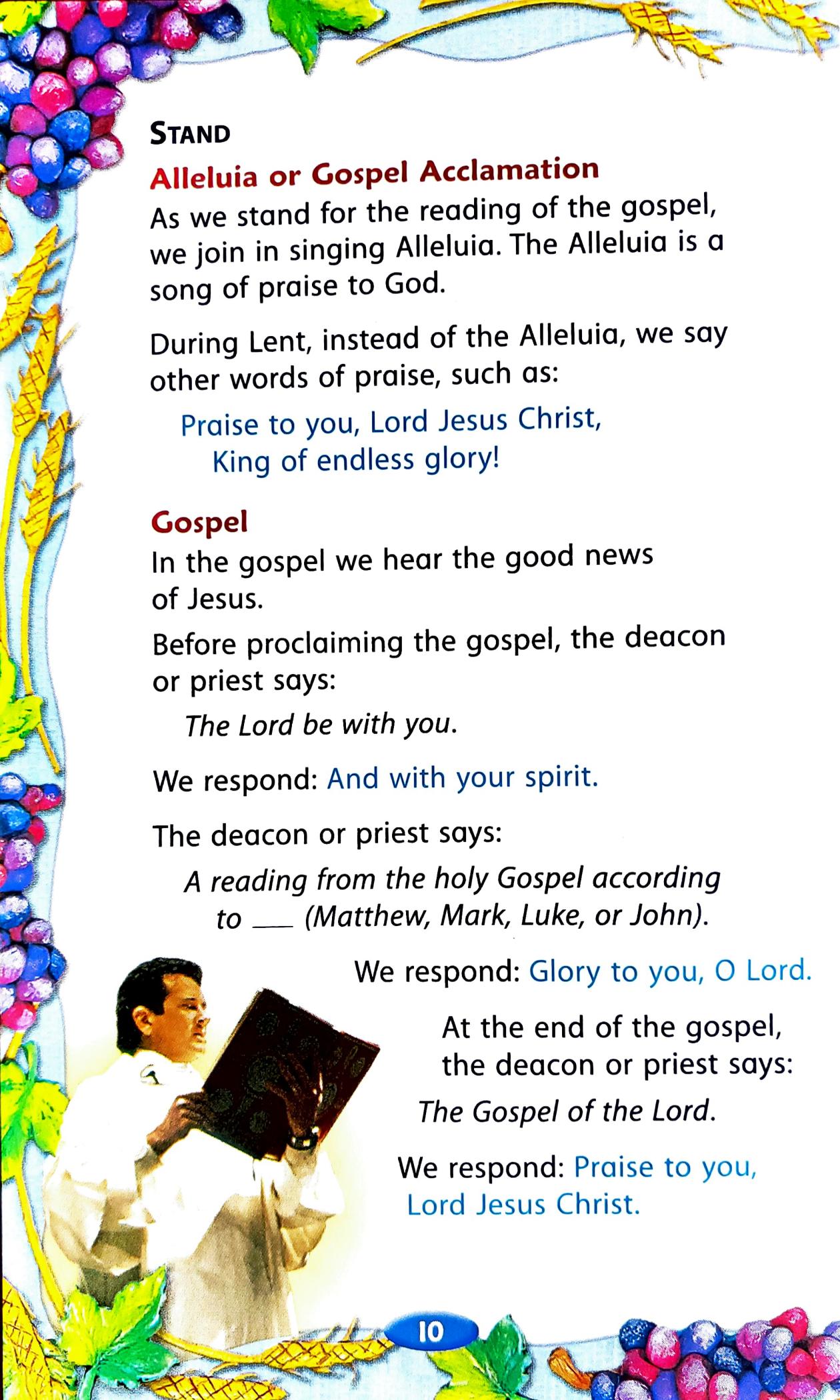
Second Reading

We listen to a reading from the New Testament.

At the end of the reading, the lector says:

The word of the Lord.

We respond: **Thanks be to God.**



STAND

Alleluia or Gospel Acclamation

As we stand for the reading of the gospel, we join in singing Alleluia. The Alleluia is a song of praise to God.

During Lent, instead of the Alleluia, we say other words of praise, such as:

Praise to you, Lord Jesus Christ,
King of endless glory!

Gospel

In the gospel we hear the good news of Jesus.

Before proclaiming the gospel, the deacon or priest says:

The Lord be with you.

We respond: *And with your spirit.*

The deacon or priest says:

A reading from the holy Gospel according to ___ (Matthew, Mark, Luke, or John).

We respond: *Glory to you, O Lord.*

At the end of the gospel, the deacon or priest says:

The Gospel of the Lord.

We respond: *Praise to you, Lord Jesus Christ.*



SIT

Homily

We listen while the priest or deacon helps us to understand the Bible readings. We call this part of the Mass the homily.



STAND

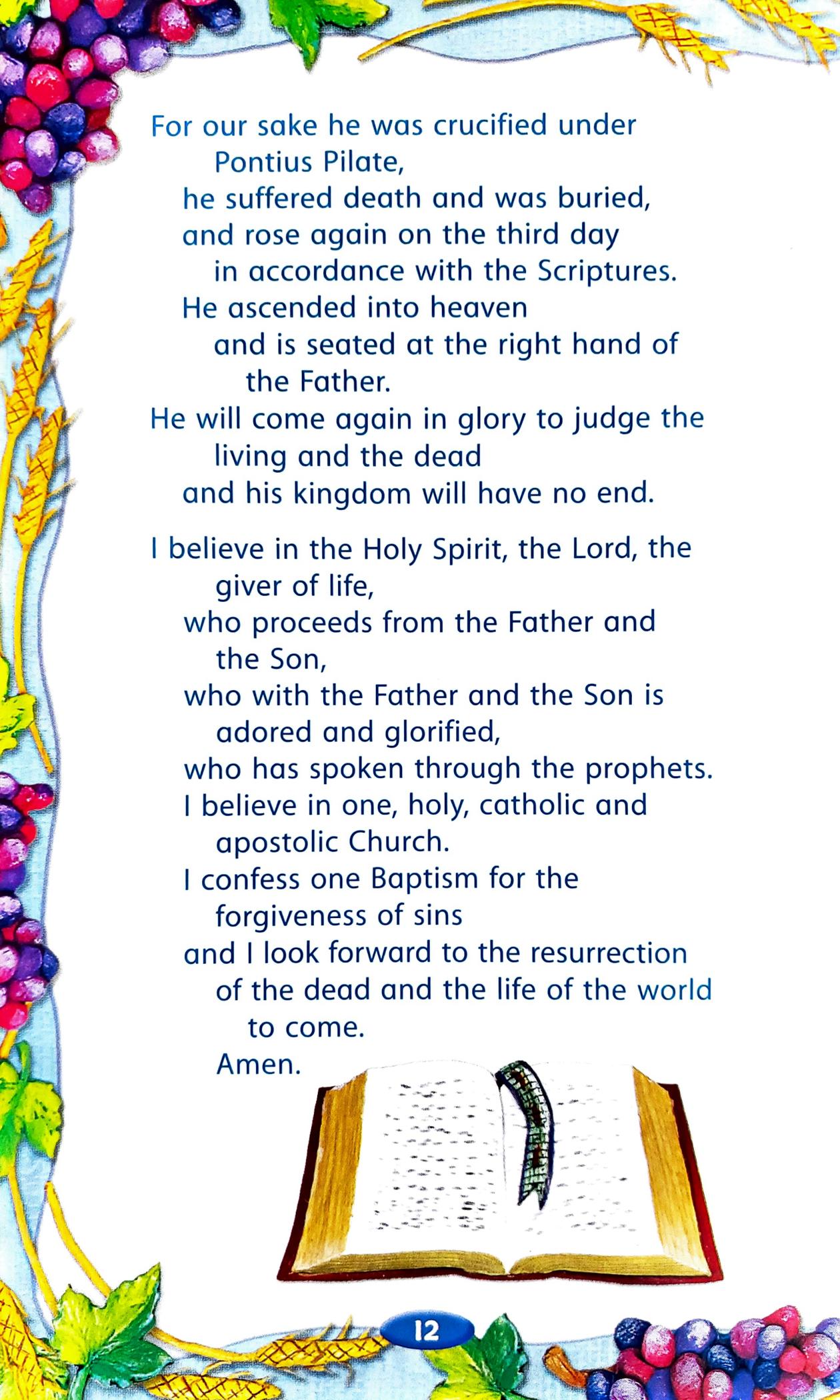
Profession of Faith

In the Nicene Creed we say what we believe as members of the Catholic Church.

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.



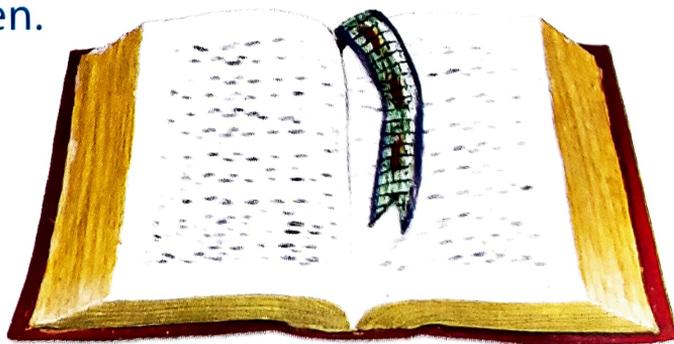
For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of
the Father.

He will come again in glory to judge the
living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the
giver of life,
who proceeds from the Father and
the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.

I confess one Baptism for the
forgiveness of sins
and I look forward to the resurrection
of the dead and the life of the world
to come.

Amen.





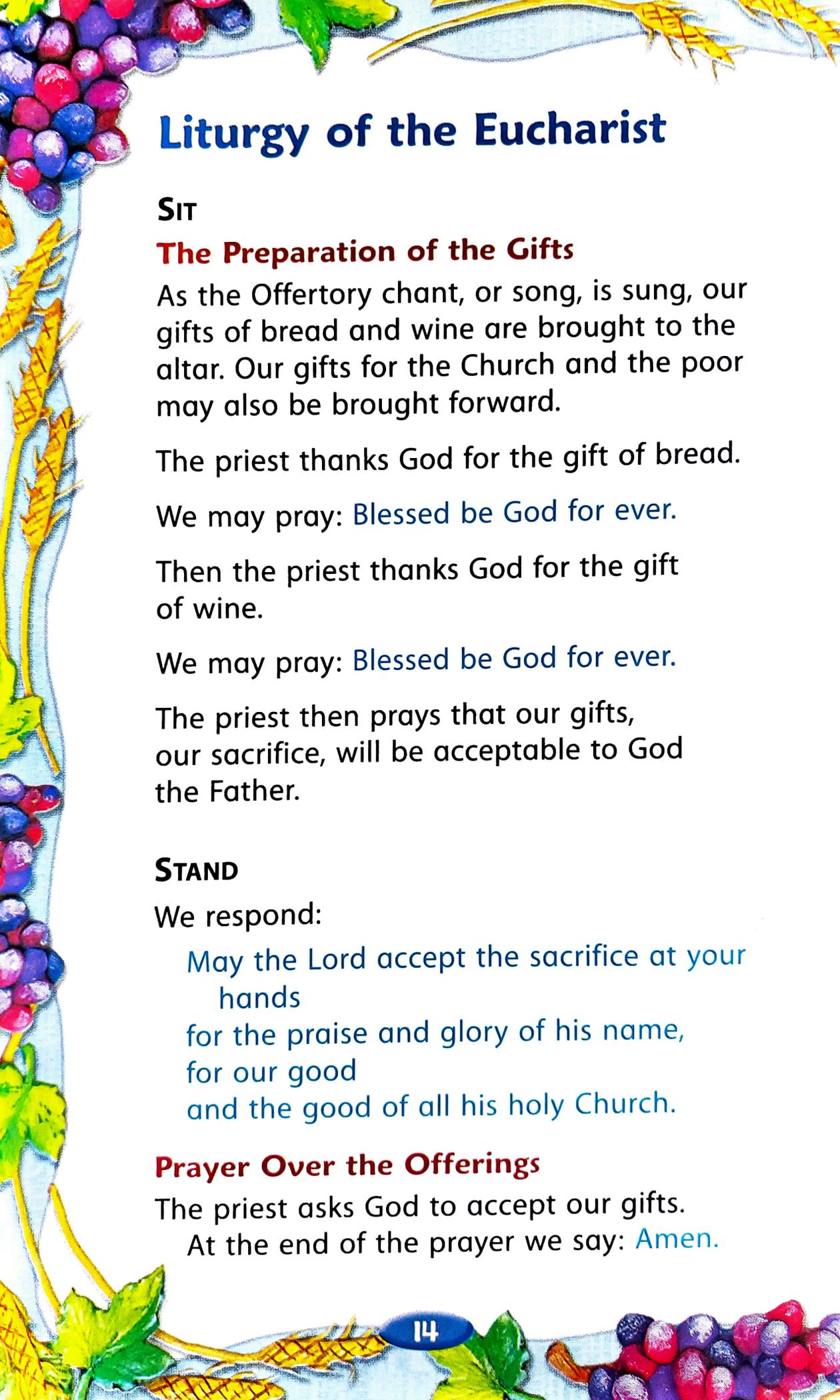
STAND

Prayer of the Faithful

During this prayer we pray for the Church and the leaders of the Church, for our country's leaders and world leaders, for all those in need, and for the salvation of the whole world.

After each prayer we respond with these or other words:

Lord, hear our prayer.



Liturgy of the Eucharist

SIT

The Preparation of the Gifts

As the Offertory chant, or song, is sung, our gifts of bread and wine are brought to the altar. Our gifts for the Church and the poor may also be brought forward.

The priest thanks God for the gift of bread.

We may pray: Blessed be God for ever.

Then the priest thanks God for the gift of wine.

We may pray: Blessed be God for ever.

The priest then prays that our gifts, our sacrifice, will be acceptable to God the Father.

STAND

We respond:

May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.

Prayer Over the Offerings

The priest asks God to accept our gifts.

At the end of the prayer we say: **Amen.**

The Eucharistic Prayer

We join with the priest to give thanks and praise to God.

Preface

The priest begins by praying:

The Lord be with you.

We respond:

And with your spirit.

The priest prays:

Lift up your hearts.

We respond:

We lift them up to the Lord.

The priest prays:

Let us give thanks to the Lord our God.

We respond:

It is right and just.

At the end of the preface we all sing together.

*Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.*

*Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.*



KNEEL

As the priest continues the Eucharistic Prayer, we remember what Jesus said and did at the Last Supper.

The priest takes the bread and says the words of Jesus:

*TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.*

The priest holds up the consecrated bread, the Host, which is now the Body of Christ.

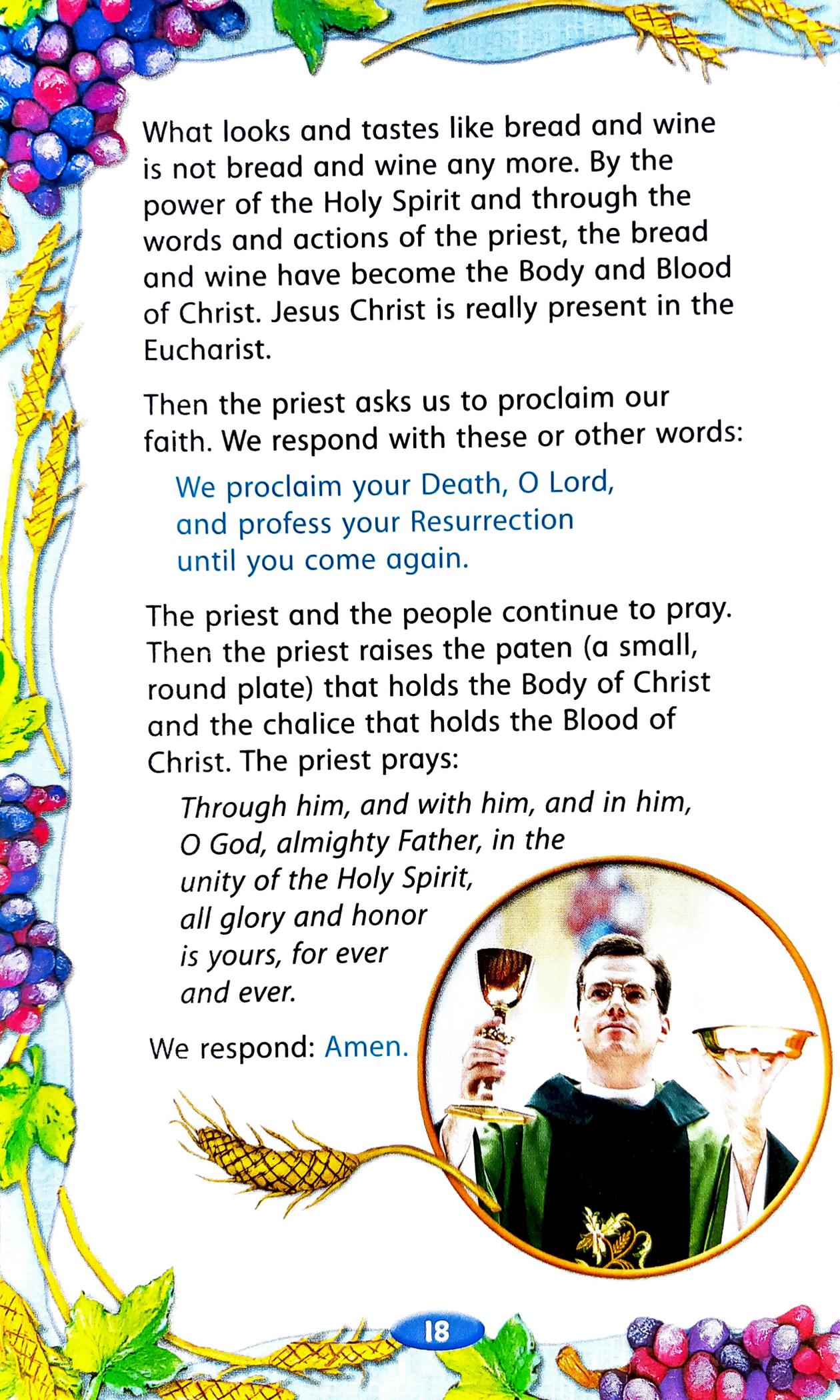




Then the priest takes the chalice, the cup of wine, and says the words of Jesus:

*TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL
COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.*

The priest holds up the chalice of consecrated wine that is now the Blood of Christ.



What looks and tastes like bread and wine is not bread and wine any more. By the power of the Holy Spirit and through the words and actions of the priest, the bread and wine have become the Body and Blood of Christ. Jesus Christ is really present in the Eucharist.

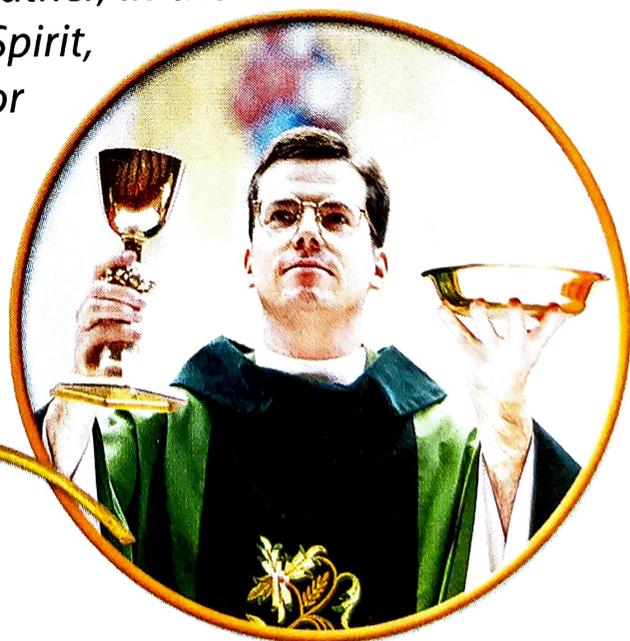
Then the priest asks us to proclaim our faith. We respond with these or other words:

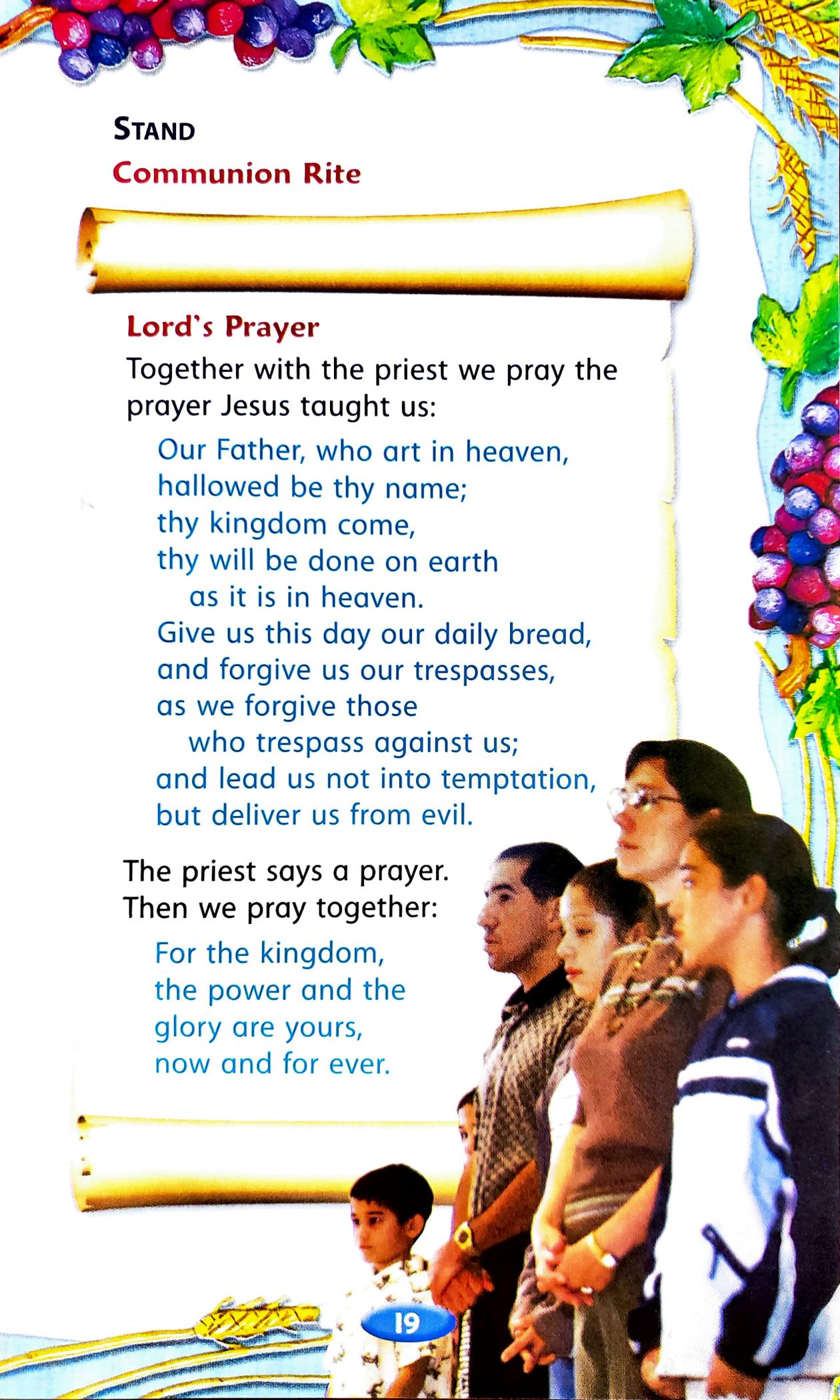
*We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.*

The priest and the people continue to pray. Then the priest raises the paten (a small, round plate) that holds the Body of Christ and the chalice that holds the Blood of Christ. The priest prays:

*Through him, and with him, and in him,
O God, almighty Father, in the
unity of the Holy Spirit,
all glory and honor
is yours, for ever
and ever.*

We respond: *Amen.*





STAND

Communion Rite



Lord's Prayer

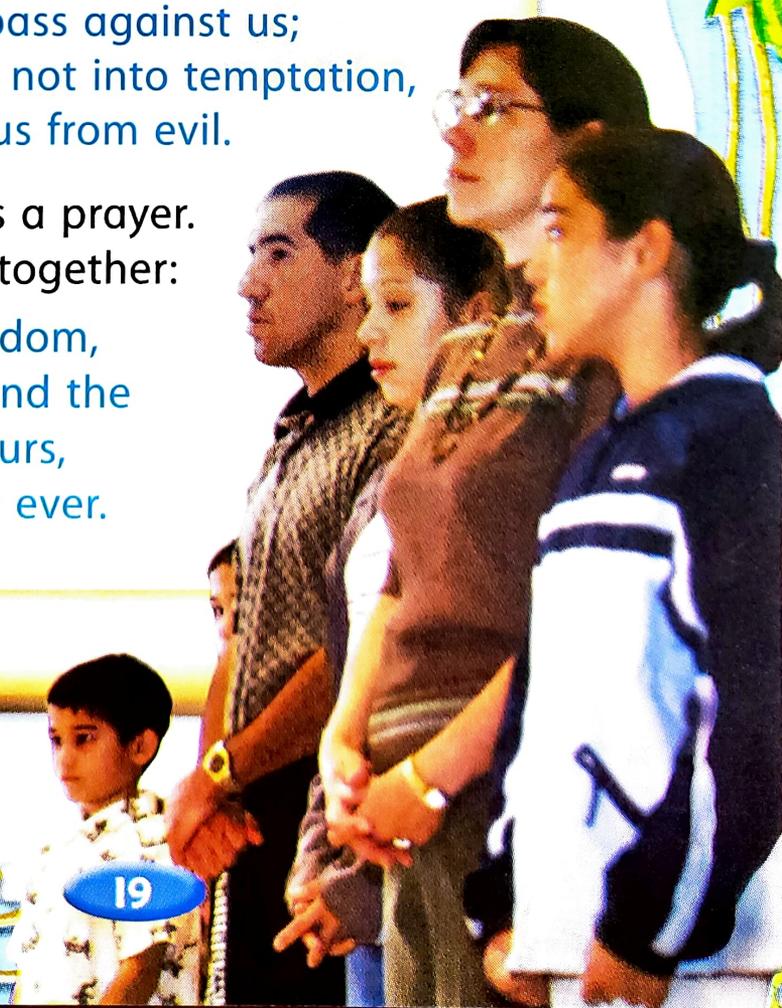
Together with the priest we pray the prayer Jesus taught us:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done on earth
as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

The priest says a prayer.
Then we pray together:

For the kingdom,
the power and the
glory are yours,
now and for ever.



Rite of Peace

The priest prays that Jesus Christ will give us the gift of peace.

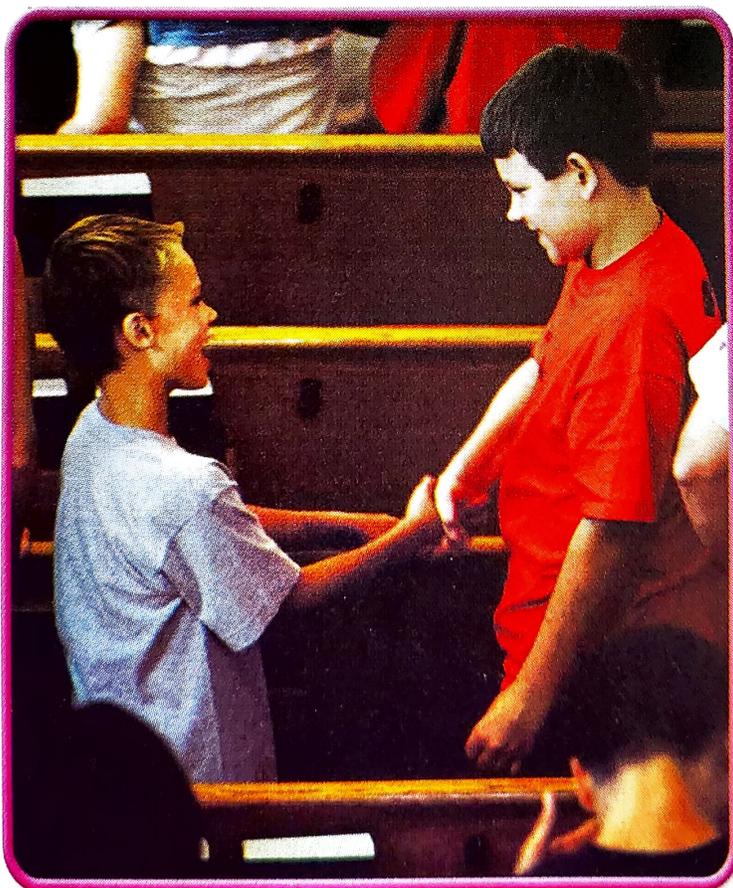
We respond: **Amen.**

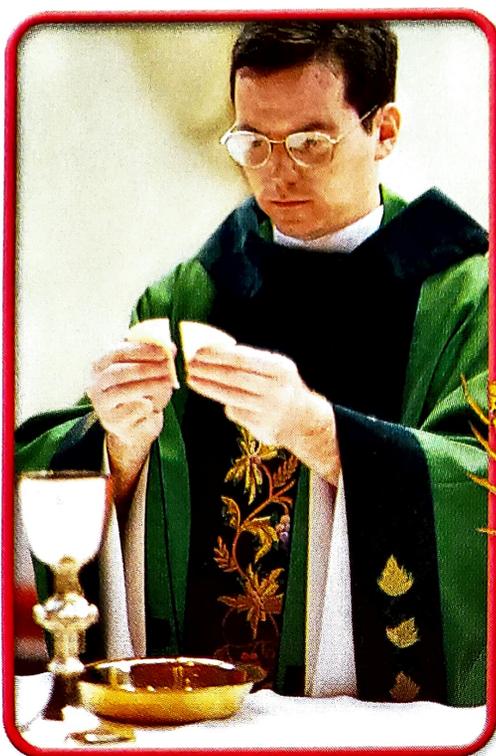
He then says:

The peace of the Lord be with you always.

We respond: **And with your spirit.**

We give a sign of peace to those around us.





STAND

Breaking of the Bread

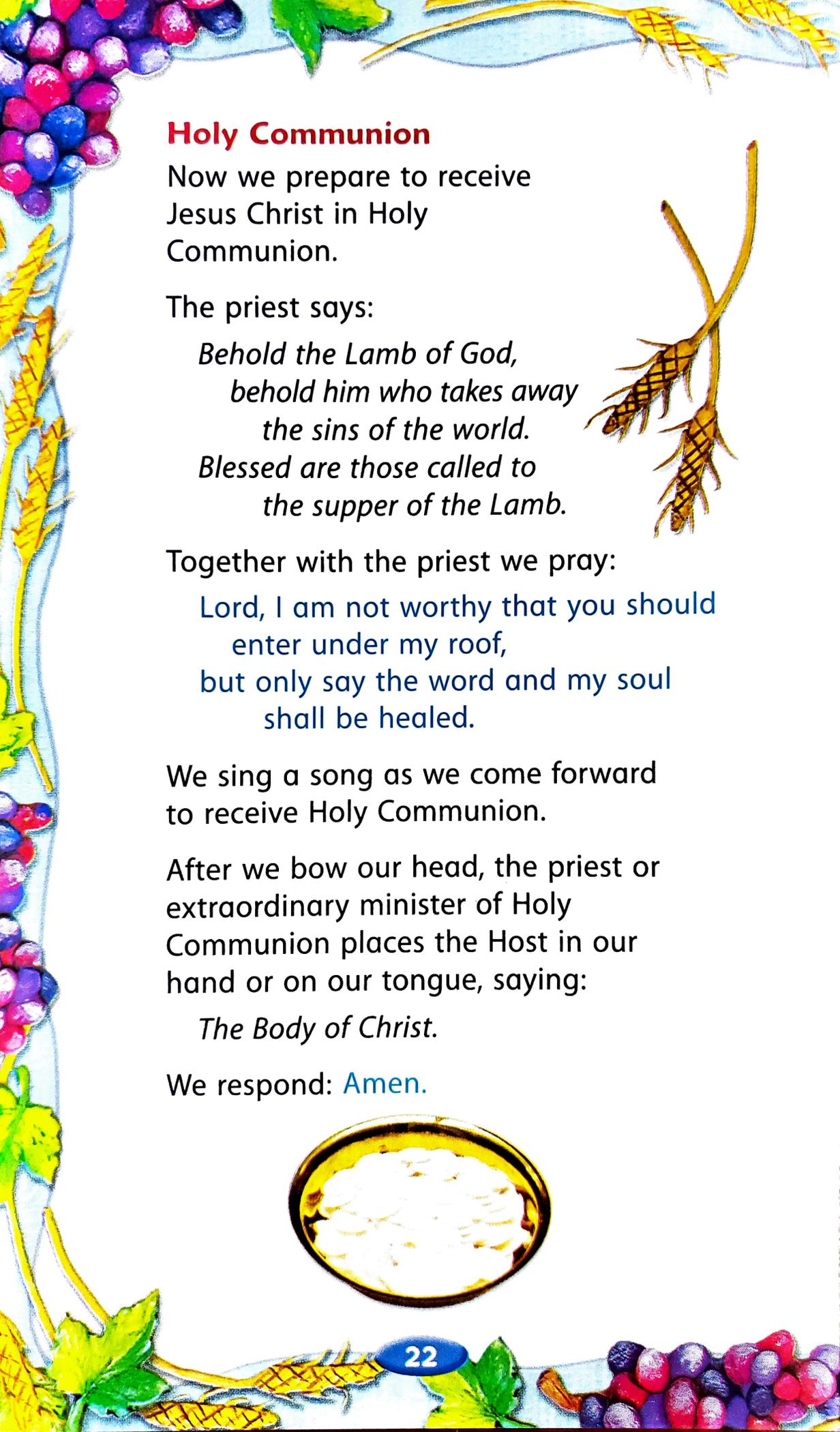
We sing or say together this prayer for God's mercy and peace:

Lamb of God, you take away the sins of
the world,
have mercy on us.

Lamb of God, you take away the sins of
the world,
have mercy on us.

Lamb of God, you take away the sins of
the world,
grant us peace.

As we pray the Lamb of God, the priest breaks the bread, called the Host, which has become the Body of Christ.

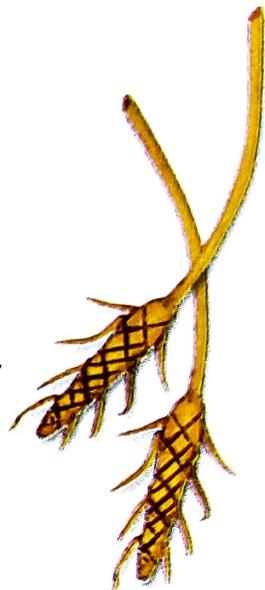


Holy Communion

Now we prepare to receive Jesus Christ in Holy Communion.

The priest says:

*Behold the Lamb of God,
behold him who takes away
the sins of the world.
Blessed are those called to
the supper of the Lamb.*



Together with the priest we pray:

Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.

We sing a song as we come forward to receive Holy Communion.

After we bow our head, the priest or extraordinary minister of Holy Communion places the Host in our hand or on our tongue, saying:

The Body of Christ.

We respond: **Amen.**



If we are receiving from the chalice,
we bow our head again.

The priest or extraordinary minister
of Holy Communion says:

The Blood of Christ.

We respond: **Amen.**

Then we take a sip from the chalice.



We return to our places and join in the
Communion chant, or song.

We remember that Jesus is present within us.
We thank Jesus for the gift of himself in
Holy Communion.

The priest invites us to pray and says a
brief prayer.

We respond: **Amen.**



How I Receive Jesus in Holy Communion

When I receive the consecrated bread, or Host, this is what I do:

- ❖ I walk to the altar with hands joined.
- ❖ I think about Jesus, whom I will receive.
- ❖ As my turn comes, the priest or extraordinary minister raises the Host, and I bow my head.
- ❖ When I hear the words "the Body of Christ," I respond, "Amen."
- ❖ After the Host is placed in my hand or on my tongue, I step to the side. I swallow the Host and return to my seat.





If I am also going to receive from the chalice, I first swallow the Host. I move to the priest or extraordinary minister holding the chalice.

- ❖ The priest or extraordinary minister raises the chalice, and I bow my head.
- ❖ When I hear the words “the Blood of Christ,” I respond, “Amen.”
- ❖ Then I take a sip from the chalice.
- ❖ I return to my seat and sing the Communion chant, or song, with everyone.
- ❖ I spend time in quiet prayer.



Prayers Before Holy Communion

Before receiving the Body and Blood of Christ in Holy Communion, we should pause and think of what we are doing. We can say prayers like these:

My Lord and my God!

Jesus, you are the Bread of Life.

Thank you for sharing your life with me.

Help me always to be your friend and disciple.

Prayers After Holy Communion

We remember that Jesus is with us. We can talk to him. We can tell him we love him. We can thank him. Here is a prayer you might also say:

Jesus, you do such great things for me!

You fill me with your life.

Help me to grow in loving you and others.



Concluding Rites

STAND

At the end of the Mass, the priest asks God to bless everyone who is present.

Greeting

The priest prays:

The Lord be with you.

We respond: *And with your spirit.*

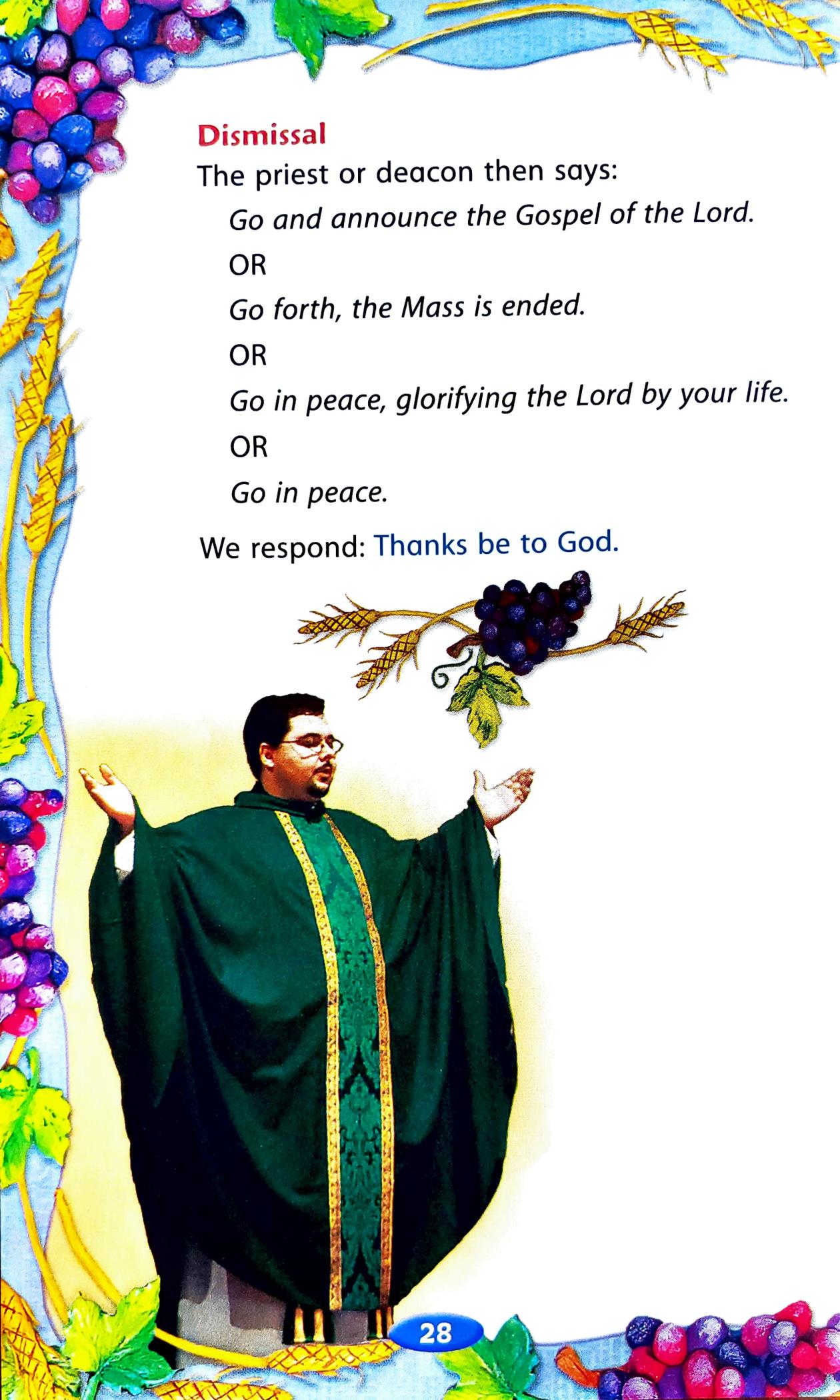
Blessing

The priest prays:

*May almighty God bless you,
the Father, and the Son, †
and the Holy Spirit.*

We respond: *Amen.*





Dismissal

The priest or deacon then says:

Go and announce the Gospel of the Lord.

OR

Go forth, the Mass is ended.

OR

Go in peace, glorifying the Lord by your life.

OR

Go in peace.

We respond: Thanks be to God.





We Are Sent

We leave church praising God.

We go forth together to live as Jesus' disciples at home, at school, in our neighborhood, and in our parish.

